



EPISODE 003 - Seeking Financial Knowledge

One thing is for sure. Going through a divorce is overwhelming. It is a heavy, arduous thing to go through. And the question that floods our mind is, “What do I do now?”

The first step I always tell my clients is to identify your strengths. When you do, you can use your strengths as leverage and tackle this situation in a more logical and empowered way.



There are two key factors when seeking financial knowledge.

- Get acquainted with the facts of your specific situation
- Become familiar with financial terminology

With these two things in mind, we can get started on what course to take on this journey. If you are looking for a book to read on this topic, I highly recommend grabbing a copy of *Smart Women Finish Rich* by David Bach.

If you are curious to know your strengths, you make take the Strength Finder 2.0 assessment [online](#).

Be sure to reach out if you would like to connect personally with The Women's Financial Wellness Center. You can visit our website at <https://www.womensfinancialwellnesscenter.com> or grab a complimentary 30-minute consult at <http://bit.ly/dashboardwfwc>.