

As an adult woman, we are kind and clueless. Clueless in understanding the boys and men in general. Often, we wonder why they bottle up their emotions and avoid eye contact. When we try to understand how males prefer to communicate, that allows us to adjust our expectations.

Boy expert, Janet Allison, is a former teacher and a mother of girls. She founded Boys Alive, an organization that advocates for boys. Teaching parents how males and females learn, interact, and interpret the world differently.

She wrote [Boys Alive! Bring Out Their Best](#) and has collaborated with many international experts to create virtual educational summits, interviewing experts and sharing wisdom with thousands of parents and teachers.

In this episode, you'll learn more about men and boys, why they act the way they do and what you can do about it.

*Anger is a big topic of concern for parents of boys. [Opt-in to claim a free audio report](#) on Boys & Anger and how you can help him manage this big emotion!*

In this episode, we discuss:

- Knowing how and when to talk to your son (especially about emotional topics)
- Connecting with your son in a boy-friendly way
- Understanding why he needs to move his body
- What to do about screens (i.e., gadgets)
- Giving your man a hint and applying the concept of bullet points
- Staying in reality and not taking things personally
- Being a good listener

*"You are not raising a little boy; you are raising a man and the world needs you to do that well."*

#### RESOURCES:

[On Boys Podcast](#)

[BOY TALK](#) an in-depth interview w/parenting experts

Janet Allison

Author & Host | Educator | Family Coach

[Boys Alive](#)

[janet@boysalive.com](mailto:janet@boysalive.com)

[Facebook](#)

[Facebook – Private Group](#)

[Instagram](#)

[Twitter](#)

[LinkedIn](#)

---

Visit the Women's Financial Wellness Center for a [full directory listing of experts](#).

Be sure to reach out if you would like to connect personally with the Women's Financial Wellness Center. You can visit [our website](#) or grab a [complimentary 30-minute consult](#).

---

Keywords:

divorce, conversations, women, financial, wellness, marriage, finances, boys, male, men, female, learning, communication