

## STARTING THE DIVORCE PROCESS

Episode 002 - 10 Questions to Ask When Interviewing an Attorney  
Episode 003 - Seeking Financial Knowledge  
Episode 004 - Managing Self-Talk  
Episode 012 - Mindset... Your Greatest Weapon  
Episode 063 - Avoiding Economic Devastation  
Episode 045 - Strategic Prep Before Filing for Divorce  
Episode 022 - Nourish Your Mind, Body & Soul  
Episode 042 - Healing Heartbreaks Through Stories

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## DURING THE DIVORCE PROCESS

Episode 066 - Assertive Communication & Boundaries  
Episode 013 - 3 Keys to Successful Budgeting  
Episode 033 - Understanding Social Security Benefits  
Episode 036 - Your Home: Keep It OR List It  
Episode 037 - FMLA & Divorce  
Episode 014 - Connecting Career and Confidence  
Episode 039 - Staging Your Home  
Episode 041 - Closing Costs, Interest Rates & How Mortgages Work  
Episode 046 - Having a Good Divorce  
Episode 028 - Family Law & The Role of Your Attorney

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## CONCLUDING THE DIVORCE PROCESS

Episode 010 - 5 D's of Estate Planning  
Episode 057 - 5 Items Every Newly Divorce Woman Needs in Her POA  
Episode 061 - Working From Home  
Episode 055 - Car Buying Tips  
Episode 038 - Cash Flow: Pros & Cons of Purchasing a Rental Property  
Episode 020 - Using LinkedIn Simply & Effectively  
Episode 056 - How to Become a Difference Maker

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## INSPIRATIONAL STORIES OF WOMEN WHO WENT THROUGH DIVORCE

Episode 016 - Don't Park . . . Keep Moving  
Episode 017 - Divorce Doesn't Define Us  
Episode 022 - Nourish Your Mind, Body & Soul  
Episode 044 - Coming Home to Yourself  
Episode 045 - Strategic Preparation Before Filing for Divorce  
Episode 047 - Creating Your New Puzzle Piece  
Episode 048 - Resilience, Resourcefulness and Mind Reshaping  
Episode 049 - Health & Practical Ways to Move On  
Episode 058 - Healing After the Affair  
Episode 060 - Building Your Brand in the Midst of a Storm

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## BOUNDARIES

Episode 012 - Mindset... Your Greatest Weapon  
Episode 026 - Setting Your Personal and Professional Boundaries  
Episode 040 - Having Self-Compassion, Compassion and Being Resilient...

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## SELF-CARE

Episode 004 - Managing Your Self-Talk  
Episode 006 - Significance & Style  
Episode 007 - Tips for Better Sleep  
BONUS Episode - A 12-Minute Heart-Centered Meditation  
Episode 022 - Nourish Your Mind, Body & Soul  
Episode 025 - Inner Wisdom & More  
Episode 040 - Having Self-Compassion, Compassion and Being Resilient...